

Role and responsibility of a physical education teacher

In the modern curriculum physical education is considered as one of the most exciting and dynamic subjects. To make all round development of the children a nationwide infrastructure for physical education, games and sports are required in the educational field. To educate our future generation to lead healthy and prosperous life physical education in its augmented total quality is to be introduced from early school life. We have already discussed about the importance of physical education in previous chapter. It can be said that the success of physical education largely depends upon the competency of the physical education teachers. They can only address physical and health education in a variety of ways. A Physical education teacher leads the students into physical activities, games and sports, help them to learn lifelong skills and thereby promote healthy life style choices. The Physical Education teacher also plans, teaches and guides the students about how and when to perform physical exercises to get maximum benefits and become fit and healthy always. In fact a physical education teacher shoulders grave responsibility of generating the future generation who are physically and mentally sound. Among their main responsibilities some very integral are stated below-

- To teach the theory of physical education with its basic techniques, skills and strategies.
- To establish precise objectives for every lesson, unit and project.
- To encourage and motivate the students to be active.
- To effectively organize space, equipments and students for different recreational activities and programmes that is important for growth of the students.
- To plan the practice opportunities that will assist in the skill progression of the students.
- To perform with academic teacher as well as clinical staff to identify adaptive physical educational requirements of the students.
- To create awareness drives about health issues including nutrition, postural deformities, intoxication, HIV/AIDS etc.
- To co-ordinate special events such as extramural and intramural sports activities.
- To stimulate administration policies and rules related to physical education in collaboration with other teachers and head of the institution.
- To ensure strict disciplinary measures while practicing different physical activities.
- Analyses students' behavior and performance and maintain record.
- To arrange community awareness programme on health and physical activities.
- To organize seminars, workshops for students, parents and community members to promote interest for physical activities.
